

12th of February 2009

Volume 2, Issue 11

Rew's Noo's

In This Edition

1. What a Night
2. Apology
3. Quiz Night
4. Round Results
5. Junior Corner
6. Colts Semi Win
7. Profiles
8. Informer Corner
9. Thought of the Round
10. Do you Know?
11. Winter Football
12. Club Sponsors
13. Upcoming Events

Individual Highlights:

Batting

J. Fawcett	127*
J. Parry	81
B. Lyon	76
D. Peters	70
J. King	66
P. Hindmarch	62
A. Henry	61
E. Fowler	60*
P. Hindmarch	58
B. Murray	56
J. Johnson	53
P. Morcom	50*

What a Night to Remember – Thanks to You!!

Just how good was the Kerry O'Keeffe night??

We don't think you could have had a bigger laugh or better night for \$30 anywhere, let alone in the comfort of our own clubrooms!!

Well done to the Committee for taking the punt in booking such a night and to Jason Parry for all his efforts..... and a HUGE THANK YOU to the near 200 people who attended.

The night enabled the club to raise some much needed funds and just as importantly gave the club the opportunity to impress our guests with that well renown Roo's hospitality..... *WELL DONE!!*

Apology

If you performed well as an individual last game, and you don't see your name in this Newsletter, the editors apologise, as at the time of writing, not all of the individual scores had been entered on the 'mycricket' website. So only some of the information was available to us..... *The Editors*



Saturday - 21st of February WDCC Quiz Night



Made up of tables of 8 people, costing only
\$10 per person and
hosted by Warren Beckwith

Be there at 7.30pm for an 8pm start

Make sure you put this date in your diary
now to ensure you don't miss this fun night!

***Make sure you hit the books hard as the
prizes are terrific!!***

Round 13 Results

1st Grade (31st of Jan & 7th of Feb 2009)

Roos 99 & 182

Willetton 122 & 4/121

2nd Grade (31st of Jan & 7th of Feb 2009)

Roos 404 – Parry 81, Lyon 76, Peters 70, A Henry 61,
Hindmarch 58

Willetton 203 – Acheson 3/44, Minear 2/28, Dilena 2/48

3rd Grade (31st of Jan & 7th of Feb 2009)

Roos 183

Willetton 126 & 9/181

4th Grade (31st of Jan & 7th of Feb 2009)

Roos 222

Willetton 9/309 & 0/7

Round 11 Results

Under 17 (31st of Jan & 7th of Feb 2009)

Roos 2/147 – Fowler 60*, Symonds 35, Power 25*

Willetton 120 – Fowler 4/13, McLean 3/27, Wansbrough
2/20 & Willetton 5/158 – McLean 2/34

Under 15 (31st of Jan & 7th of Feb 2009)

Roos 5/249 – King 66, Morcom 50*, Morton 45, Watts 27*

Willetton 215 – Nichol 2/29, Smith 2/32, MacDonald 2/67

Under 14 (1st of Feb 2009)

Roos 9/131 – Johnson 53, Lynch 33, Fry 29

Midland-Guildford 8/206 – Borrello 2/32

Under 13 (8th of Feb 2009)

Roos 7/160 – Murray 56, Budge 47*

Mount Lawley 55 – Murray 2/4, Moldrich 2/4

Colts Semi Final (1st of Feb 2009)

Roos 6/291 – J Fawcett 127*, Hindmarch 62, Millar 39

Bayswater-Morley 7/289 – Acheson 2/41, Del Borrello 2/43



"You see things; and you
say 'Why?' But I dream
things that never were;
and I say 'Why not?'"
George Bernard Shaw



"Within each of us lies
the power of our
consent to health and
sickness, to riches and
poverty, to freedom and
to slavery. It is we who
control these, and not
another"
Richard Bach



Junior Corner

FIRST DEFEATS THIRD IN HARD FOUGHT TUSSLE

Wanneroo 15's won the toss & elected to bat on a strip that appeared to be suited to wielding the willow. We chalked up our best score of the year by morning's end, and even the opposition coach remarked it was the best batting display he had witnessed all season. Our tally of 249 included Jordan King's best ever score of 66, a tremendous contribution from our talented opener. Others best with the blade were Peter Morcom with 50 n.o., and the consistent Hayden Morton on 45.

We expected Willetton to come out with all guns blazing in the second week, which is exactly what happened. After session one they were on track to chase down our score, certainly favoured by some abnormally wayward bowling and questionable umpiring calls. After being asked to lift for our second stint in the field, this crucial session saw us take 5 scalps and an inspirational "Duminy-like" catch from Peter Morcom proved to be the game's turning point. Willetton were finally ousted for 215 with Liam Nicol, Cameron Macdonald and Adam Smith all bagging 2 wickets each. Our bowling however has been much better than this particular display.

This was a win we definitely needed as we head to the finals, and a good all round team effort. Although at times producing some cricketing moments we will be less than proud of, we held our nerve to notch win number 10. Hopefully we go into our next game versus 2nd placed Joondalup with some wind in our sails, because we are in for our toughest test yet. Good luck boys, you have all of our support, keep on keeping on !!

Cheers Duncan Smith 15's co-manager

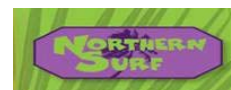
Colts Semi Final Victory!

What a fantastic run chase and win it was by the Colts a couple of Sundays ago!!

The boys chased down a massive 289 against a very determined Bayswater-Morley at Kingsway and in doing so, the team have now booked a place in the Grand Final, which is going to be held at Richardson Park, South Perth this Sunday the 15th of February 2009!

The game is scheduled to be a day/night fixture and what an event it should be for the club. Let's get down and support the guys in their quest for another flag for the club. Stay tuned for more information.....

Well done guys..... Willetton here we come!



"Never look down on anybody unless you're helping him up"
Jesse Jackson



"To be yourself in a world that is constantly trying to make you something else is the greatest accomplishment"
Ralph Waldo Emerson





"If you only put a small value upon yourself, rest assured the world will not raise your price"

Author Unknown



"I would rather have a mind opened by wonder than one closed by belief"

Gerry Spence



Player Profile: Nathan Henry

Nickname (and why?): Noddy

Job: Study engineering and part time bug counter for Chilman

Favourite Drink: Heineken

Favourite Food: Fish and chips

Favourite TV show(s): Scrubs, House, Neighbours

Favourite Tunes: Bob Marley, Billy Joel, The Offspring, Matchbox 20, Aerosmith

My most memorable WDC moment is: 2's GF win, it's also the night I have least memory of

I'm not so good at: Swimming, especially freestyle

I'm praised for: Beating Adam in the city to surf

The best advice I have received is: Give up bowling

Something my team mates may not know about me is: I've never been on a plane

3 guests I would invite to Dinner: Richo, Hamish Blake, Anna Ivanovic

Hobbies other than cricket: Golf, Monday night footy

When I am at a nightclub you will find me: Dancing somewhere

In my future I see: Money, Women and Power

Besides playing cricket my life ambition is to: Become a successful mechanical engineer

I am at WDC because: I love the blokes and it's close to my house

Committee Profile: Russell McPhee

Nickname (and why?): Rusty – the boys call me this

Job: BDM - Logistics

Favourite Food: Japanese

Favourite Drink: Scotch and Coke

Favourite TV show: Capote (Movie)

Favourite Tunes: True Colours

My most memorable WDC moment is: WDC moment is: U15 Premiership 2 seasons ago

I'm not so good at: Being quiet

I'm praised for: Being able to talk and organise

The best advice I have received is: Do the right things and right things will happen

Something my club mates may not know about me is: Opened the batting with old Essendon Grammarians 1st Grade in VTCA

3 guests I would invite to Dinner: Donald Sutherland, Bill Clinton, Demi Moore

Hobbies other than cricket: Golf, Football, Sports in general

When I am at a nightclub you will find me: Near the bar

Besides administrating cricket my life ambition is to: WDC being very successful on/off ground & to be the person I can be

I play at WDC because: If only I could (non-player)

Informer Corner



After being featured as a 'profile' last week, *The Informer* thought the chances of catching anyone out this week would be slim. But as you can see, there are still people just asking for it!!

It seems that one of our players has spent far to much time watching the South Australian Redbacks, or to be more accurate one of the Redbacks players in particularly..... namely off spinner Dan Cullen. That is one of the theories *The Informer* has as to why this player is turning up to training with much 'shortened' sleeves on his training top! It seems he is either a big Cullen fan, or he just wants to compete with Hindy in showing off the 'Guns' where ever possible??

The Informer received an email during the week saying –

'Apparently the Western Fawce bowls off breaks? Why doesn't he do it in a game?'

After reading the email, *The Informer* is not sure whether they should have a go at the 'Fawce' or at the writer of the email..... as the Fawce *does* bowl off breaks during the game? Maybe the writer should spend more time watching the game and less time surfing the net?

Story goes that a certain English player at the club knows exactly what the 'WACA' ground is, but when it was spelt out loud to him by a team mate as the 'W'-'A'-'C'-'A' ground, he had no idea?? I tell you one thing, he's not going on my table at the Quiz Night!!

Feel free to help our intrepid reporter, like others are doing, by sending a detailed and confidential email to theinformer@westnet.com.au

RAFFLE TICKETS!!

Make sure you get your raffle tickets back to Jason Parry within the **next 2 weeks**

After a disappointing turnout to the Winery Tour, you don't want Jason coming after you at the moment!

He is angry, and ready to kill anyone who doesn't get their tickets back to him ASAP!! So ***DO IT NOW..... OR ELSE!!***



"The only way around is through"
Robert Frost



"Setting an example is not the main means of influencing others; it is the only means"
Albert Einstein



Thought of the Round – Time for Action!

"I know what I need to do, but I'm scared that I won't succeed." Who among us hasn't been stuck in this scenario before? We know what to do, but we don't put knowledge into action. The end result is the frustration of staying stuck in the current reality even though change is desired.

The outcome is usually determined by who wins the battle that rages within. It seems one part wants to get started and achieve the goal, while another part desires to stop, give up, or take it easy. An inner tug of war ensues between the two parts. Which side will win? Achieving success depends on not allowing these two parts to maintain a perpetual battle and keep you at a stalemate. Success can be realised by becoming conscious of these two opposing sides, and bringing yourself into the playing field. You always have the choice of which side to nurture, cultivate, and strengthen.

A Native American elder once described his own inner struggles in this manner: "Inside of me there are two dogs. One of the dogs is mean and evil. The other dog is good. The mean dog fights the good dog all the time." When asked which dog wins he reflected for a moment and replied, "The one I feed the most."

To become successful and move beyond maintaining status quo, check out the list below for some ideas on how to take action. Find the inner motivation that will enable you to conquer complacency and move forward. Even though change is difficult, it is absolutely possible.

1. FEAR - FALSE EMOTION APPEARING REAL

It is normal that a part of you has fear that insists, perhaps rather loudly, not to get started. Avoiding being scared when creating change is unlikely. One lesson worth learning: ***Be scared . . . and do it anyway.*** It may be impossible to take a step without experiencing fear. Don't wait for the fear to leave before you take the action.

2. THOUGHTS DETERMINE SUCCESS

There is a saying: "We become what we think about." So what do you think about? Are your thoughts more centered on fear of failure, or the joy of taking action? Thoughts have a powerful impact on our attitude, and our ability to get started.

3. START SMALL

Sometimes we find ourselves hesitant to begin because we are overwhelmed by the enormity of what lies before us. The goal looks HUGE . . . so daunting and complex that we freeze up. Yet it doesn't have to be like that. It helps to break down the goal into manageable pieces.

4. CHANGE YOUR ROUTINE

How long has it been since you've had your desired outcome in mind, but haven't moved forward? Maybe it's time to shake up your routine. Take a moment and notice the patterns of your day. Have they become predictable and dull? Now check out the goal you have in mind for yourself. Is there perhaps one step in your goal that sounds kind of fun, exciting, different? Not only could you begin taking action on something you've been wanting all along, but it could shake you out of a rut.

5. REWARD YOURSELF

One way to motivate yourself to do something when you don't feel like doing it is to offer yourself an incentive.

6. CONNECT THE ACTION WITH PLEASURE NOT PAIN

When we are finding ourselves lacking motivation, we are most likely associating the action with pain, rather than pleasure. For instance, when deciding to lose weight, you may be associating the experience with having to eat food you hate, feeling deprived, associating exercise with physical pain or embarrassment, and envisioning failure. What you can do is remind yourself of the immediate and long term positive benefits. Make a written list of the instant and future payoffs to working on your goal. What will you gain by choosing to work on the goal? ***Work FOR what you want, not AGAINST what you don't want.***

7. ACT WHEN THE IDEA IS HOT AND THE EMOTION IS STRONG

Eventually it's the right time to turn ideas into action. If ideas have been nurtured and developed, you will know intuitively when it's time to begin. Be aware of when the idea has gained momentum. Notice when positive emotions are present and the idea is strong, clear and powerful, and then listen to your inner self and go for it!

Give these ideas a try and see if you don't find yourself turning fear into action!

Blackwoods
All Your Workplace Needs

LJ Hooker
Joondalup & Greenwood

"Twenty years from now you will be more disappointed by the things that you didn't do than by the ones you did do. So throw off the bowlines. Sail away from the safe harbor. Catch the trade winds in your sails. Explore, Dream, Discover"
Mark Twain

NORTHERN SURF

**Paul Lucas
Electrical
Services**

"Never tell people how to do things. Tell them what to do and they will surprise you with their ingenuity"
George S. Patton

RICOH


Stockland

Do You Know the Rules?

Law 14 (Declaration and Forfeiture)

1. Time of declaration

The captain of the batting side may declare an innings closed, when the ball is dead, at any time during a match.

2. Forfeiture of an innings

A captain may forfeit either of his side's innings. A forfeited innings shall be considered as a completed innings.

3. Notification

A captain shall notify the opposing captain and the umpires of his decision to declare or to forfeit an innings. [Law 10.1\(e\) \(Insufficient time to complete rolling\)](#) shall apply.

Law 4 (The Scorers)

1. Appointment of scorers

Two scorers shall be appointed to record all runs scored, all wickets taken and, where appropriate, number of overs bowled.

2. Correctness of scores

The scorers shall frequently check to ensure that their records agree. They shall agree with the umpires, at least at every interval, other than a drinks interval, and at the conclusion of the match, the runs scored, the wickets that have fallen and, where appropriate, the number of overs bowled. See [Law 3.15 \(Correctness of scores\)](#).

3. Acknowledging signals

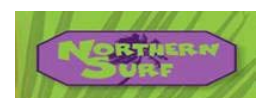
The scorers shall accept all instructions and signals given to them by the umpires. They shall immediately acknowledge each separate signal.



"There is nothing noble about being superior to some other man. The true nobility is in being superior to your previous self"
Hindu Proverb



"Act as if what you do makes a difference. It does"
William James



Winter - Football

It seems a few Roo's are looking for a way of keeping fit in the winter months, so they have decided to play football!

The guys will be playing in the 4th team on Saturday afternoons at the Scarborough Eagles with the team being coached by Paul Dilena. It should be a fun environment with absolutely no need to commit to training twice a week, as apparently one will be plenty!

Players to already commit are Jason Parry, Graeme Atkinson, Adam Henry, Garry Atkinson, Dylan Minear, Craig Warren, Josh Maldenis, and a couple of past Roos such as Vic Lawes and Chris Jones.

At present the boys are seeking out anyone who might be interested in joining them. So if you are keen to stay fit and play some good hard footy with some top blokes then contact Paul Dilena at training or on 0432 020 821

Club Sponsors

A big thank you to our sponsors.....

Please find out more about them, use them and promote them wherever & whenever possible!!

Remember in this changing world Sponsors are like GOLD!

If they go, so do many of the things you enjoy today!



"Always listen to the experts. They'll tell you what can't be done and why. Then do it"
Robert Heinlein



CLUB SPONSORS.....

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City of Wanneroo	Ricoh

RICOH

"My mom told me that when I start baseball, I wouldn't be able to run that fast because I had an operation. I told my Mom that I wouldn't need to run that fast. When I play baseball, I'll just hit them out of the park. Then I'll be able to walk"
Edward J. McGrath, Jr.

Important Dates & Upcoming Events

Saturday - 21st of February
WDCC Quiz Night

Made up of tables of 8 people and costing only \$10 per person
Be there at 7.30pm for an 8pm start
Don't miss this fun night!

Sunday - 1st of March
Pleasant Sunday Morning

Saturday Night - 7th of March
Paul Lucas Medal Night

Also includes the drawing of the Monster Raffle!!

