

# WANNEROO DISTRICTS

## CRICKET CLUB INC.

[www.wanneroodcc.com.au](http://www.wanneroodcc.com.au)

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### **Training Information**

*"The fight is won or lost far away from witnesses - behind the lines, in the gym, and out there on the road, long before I dance under those lights."*

Muhammad Ali

### **Preseason**

2018-19 Senior Preseason training will officially launch on Wednesday 1st August at Kingsway.

Senior Preseason training will be held as per:

- Sundays: 10:30am to 11:30am at either Nodes Beach Park, Hillarys, or Mullaloo Beach;
- Mondays: 5pm to 8pm at Kingsway;
- Wednesdays: 5pm to 8pm at Kingsway.

Any changes to this schedule will be posted to the Senior Roos group on Facebook. Contact Joel Charles (0408 953 707, [jdc2712@gmail.com](mailto:jdc2712@gmail.com)) if you would like to be added to this group.

Preseason training is mandatory for all current and prospective Senior and U17 WDCC players.

While pre-season is hard, it is also a chance to get yourself in a condition that allows you to be 'the best player you can be' and we need everyone to engage and embrace what we are doing.

Train hard with intent, get yourself in shape and who knows where it will take you!

### **Regular Season**

Commencing Tuesday 11<sup>th</sup> September, Senior training is held at Kingsway Cricket Ground:

- Every Tuesday and Thursday at 5pm.

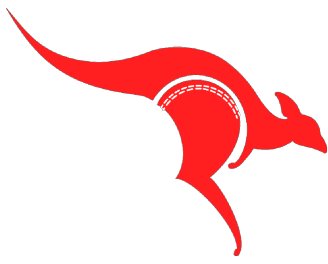
If you cannot attend a training session or will be unavoidably late, please advise Joel Charles: (0408 953 707, [jdc2712@gmail.com](mailto:jdc2712@gmail.com)).

Remember that the coaching staff are here to help you become better and successful in everything you do, so please if you need anything just ask.

Results are driven by effort and intent! If we can bring both to all our training sessions then you will get the results you deserve!



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### Senior Coaching Staff

- Head Senior Coach: Joel Charles: 0408 953 707; [jdc2712@gmail.com](mailto:jdc2712@gmail.com)
- Assistant Coach: Brendan Danaher : 0411 115 715
- Net Captain: Kerry Ong
- Senior Bowling Coach: Geoff Millar
- Senior Batting & Wicket Keeping Coach: Travis Birt

### Junior Coaching Staff

- WDCC Junior Coordinator: Darrell Kelsey: 0411 158 879; [darrell.kelsey@icloud.com](mailto:darrell.kelsey@icloud.com)
- WDCC Junior WACA Delegates:
  - Darrell Kelsey: 0411 158 879; [darrell.kelsey@icloud.com](mailto:darrell.kelsey@icloud.com)
  - Andrew Slattery: 0412 503 940; [andrew.slattery@bigpond.com](mailto:andrew.slattery@bigpond.com)

### U17

- Coach: Andrew Slattery: 0412 503 940; [andrew.slattery@bigpond.com](mailto:andrew.slattery@bigpond.com)
- Manager: Pravin Jessani: 0412 933 465; [jessani\\_pravin@hotmail.com](mailto:jessani_pravin@hotmail.com)

### U15

- Coach: Andy Billington: 0413 839 125; [billysoula@inet.net.au](mailto:billysoula@inet.net.au)
- Manager: Shane Maraldo: 0419 219 045; [shane.maraldo@gmail.com](mailto:shane.maraldo@gmail.com)

### U14

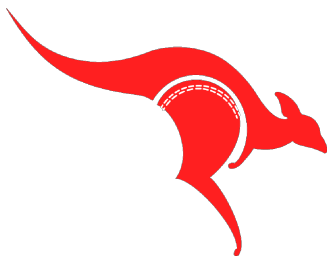
- Coach: Ivan Osborne: 0417 948 808; [ivan.osborne@hpmlegrand.com.au](mailto:ivan.osborne@hpmlegrand.com.au)
- Manager: Damon Lonnie: 0413 024 601; [damon@ikcc.com.au](mailto:damon@ikcc.com.au)

### U13

- Coach: Michael Kelsey: 0450 621 118; [kelso2702@gmail.com](mailto:kelso2702@gmail.com)
- Assistant Coaches:
  - Ryan Santich: 0409 129 023; [rbnjsantich@hotmail.com](mailto:rbnjsantich@hotmail.com)
  - Andy Billington: 0413 839 125; [billysoula@inet.net.au](mailto:billysoula@inet.net.au)
  - Ivan Osborne: 0417 948 808; [ivan.osborne@hpmlegrand.com.au](mailto:ivan.osborne@hpmlegrand.com.au)
- Manager: Greg Holly: 0428 435 292; [greg.holly@bigpond.com](mailto:greg.holly@bigpond.com)



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### Futures

- Coach: Ryan Santich: 0409 129 023; [rbnjsantich@hotmail.com](mailto:rbnjsantich@hotmail.com)
- Assistant Coach: Guy Cavanagh: 0439 099 124; [guy@mcd.com.au](mailto:guy@mcd.com.au)
- Managers:
  - Kelly Cavanagh: 0418 935 420; [gkcavs@inet.net.au](mailto:gkcavs@inet.net.au);
  - Chailee Richards: 0439 511 338; [chailee@twentytwenty.net.au](mailto:chailee@twentytwenty.net.au);

### WDC Female Mike Hussey Cricket Academy:

- Head Coach: Sarah Clear: 0439 519 948; [sarah.clear@research.uwa.edu.au](mailto:sarah.clear@research.uwa.edu.au);
- Assistant Coaches:
  - Greg Williams: 0409 299 509; [greg.williams@adf.org.au](mailto:greg.williams@adf.org.au);
  - David Clear: 0488 661 424; [david.clear@bigpond.com](mailto:david.clear@bigpond.com);
- Manager: Andy Stewart: 0457 447 265; [andrew@eclipse recruitment.com.au](mailto:andrew@eclipse recruitment.com.au);

### Player Training Responsibilities

Player expectations regarding training is detailed in the Player Responsibilities.

Any inability to attend any training session must be conveyed directly to the head coach.

Finally, remember our Club Culture: **Respect. Leadership. Discipline. Passion.**

